



CampusSport gym etiquette

- Dress appropriately. You will need clothing that is suited for sports, socks or footwear suited for indoor sports, a water bottle and a gym towel.
- All gym users need to make sure that the equipment stays in good condition. Notify CampusSport of broken equipment via email: info@campussport.fi.
- Return the equipment back to their place after use. Remove weights from the equipment.
- Clean the equipment after use. Keep the gym tidy.
- Only liquid magnesium is allowed in the gyms.
- Give others a chance to use the equipment while you are having a break. Do not reserve equipment.
- Keep enough distance to other people so that working out is safe for everyone.
- Avoid loud conversation and do not make unnecessary noise with the equipment. Listen to music at a reasonable volume.
- If needed, help others and ask for help.